



Camp Berea

New Updated Information

Deep Freeze Leader's Packet

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DEAR YOUTH LEADER,

We are so excited to have you and your students joining us for Deep Freeze! We anticipate that God will move in tremendous ways during these coming weekends. Designed to be more than just a weekend full of excitement, our Deep Freeze program is crafted to provide an experience that allows students and leaders to take their next step in their relationship with God.

This packet contains the information that you need to know prior to your group's arrival at Camp Berea. **Please give it a thorough read-through and know that we'd love to answer any questions that you have!**

Just a heads up, there are two main parts to booking in for Deep Freeze: 1) the group reservation, and 2) individual registrations. Once you've reserved spots for your group, every student and leader will claim their spot with your group by completing an individual registration at berea.camp/register. (Don't forget to register yourself!) This online setup for individuals streamlines the preparation you must do leading up to Deep Freeze, as well as the actual check-in process when you arrive for your retreat. **If you need contact information or medical information for the members of your group, just let us know and we can pass your group information on to you without you having to collect it yourself.**

Your success is our success. If you need resources, have a question, or want to suggest a way that we can better serve your group, we would love to hear from you. It is our joy to serve you in this process. **We will take care of the details so that you can focus on what you love: connecting with and discipling your students.**

Again, if you have any questions, or simply any suggestions on how we can serve you better, please don't hesitate to contact us!

[The Camp Berea Office](#)
office@berea.org // 603-744-6344

BEREA MINISTRIES



LEADER RESPONSIBILITIES

Your responsibilities as a group leader fall into these basic categories:

Spiritual

- Pray that God would show you the students He has for you to bring this year.
- Challenge your students to reach out to those God would have them invite.
- Be a model of Christian character. (Your kids will often do what you do, not necessarily what you say.)
- Be sensitive to the spiritual needs of your group and those around you.
- Be ready to pray with your students and to participate in conversations with them throughout the weekend.
- Be open to whatever God would do in your own life.

Relational

- Make the first move in initiating conversations.
- Learn to listen. Teach how to listen by your example.
- Follow Camp Berea rules and enforce them gently but firmly with your students.
- If you must discipline, do it privately.

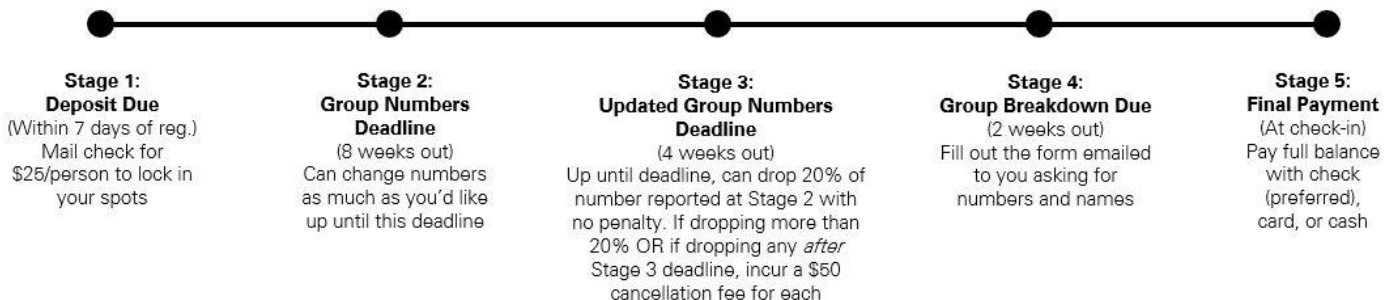
General

- Be prepared for check-in when you arrive. Know who is with your group and have payment ready.
- Help with crowd control. Leaders stay in the cabins with their youth groups. It is your responsibility to settle your group down at night. Assist at meals and at meetings by making sure your students are all present and on time.
- Monitor and/or dispense your students' prescription medications or other medical needs. There is not a nurse on site during our Deep Freeze weekends.
- Participate in activities—we love your enthusiasm, and so do your kids!
- Get involved . . . You make a difference!

Please share these responsibilities with each of your leaders and make sure they understand their roles.

UPDATING GROUP NUMBERS & PAYMENTS

The following graphic and page detail the few stages requiring action from the time you register until the day you arrive for your retreat. These checkpoints have been developed to help you bring as many people as possible while avoiding any cancellation fees, and so we can have an accurate count to prepare for the weekend and to avoid being wait-listed unnecessarily. If you have questions, please let us know. We will make any excuse we can get to connect with you!



UPDATING GROUP NUMBERS & PAYMENTS (Cont.)

Stage 1: Deposit Due
Reserving your group's spots requires just a \$25/person deposit. This deposit should be mailed within 7 days of your registration date . Your group's spots will not officially be locked in until the deposit is received.
Stage 2: Group Numbers Due
Eight (8) weeks from your retreat we ask you to give us your best estimate of how many people will be attending (students and leaders). The number you give us is your best guess —it can go up (if space is still available— just ask us if it is!) or down from your original group reservation number. (Up until this deadline, you can change your numbers as much as you would like without incurring any cancellation fees.)
Stage 3: Updated Group Numbers Due
Four (4) weeks out from your retreat we ask you to update us on your expected numbers. Please give us the exact number you are able so that we can determine if we have space to add any campers/groups who are on our waitlist. You may still increase (if space allows—please ask about availability!) or decrease numbers up until/after this deadline according to the following: <ul style="list-style-type: none"> • Up until deadline: Drop up to 20% of the number you reported by Stage 2 with no penalty. Any spots dropped beyond 20% will result in a \$50 cancellation fee each. • After deadline: All spots dropped after this date result in a cancellation fee of \$50 each, even if the drop is within 20% of your Stage 2 number. <i>Example: You report an expected 40 people by your Stage 2 deadline. You can drop up to 8 spots (20% of 40) without any financial penalty as long as you do so by your Stage 3 deadline. If you drop 10 by your Stage 3 deadline, it will result in 2 cancellation fees of \$50 each, or \$100 total, which will be added to your final balance. If you drop any after the Stage 3 deadline, each of those dropped spots will result in a \$50 cancellation fee.</i>
Stage 4: Group Breakdown Due
About two (2) weeks out from your retreat, we will email you a form that collects the following info: <ul style="list-style-type: none"> - Number of male and female campers - Number of male and female leaders (must have at least 1 per cabin, appr. 1 leader:10 students) - List of all leaders' names for name tags This form should be returned 10 days before your retreat so we can arrange housing and print name tags for your retreat. (If you must change any of the info you entered later, just email, or give us a call to make those modifications.)
Stage 5: Final Payment Due at Check-In
Final payment for your group is due at check-in when you arrive on Friday night. The final balance owed will be determined by the exact number of people you bring (as this often changes at the last minute). The easiest way to pay is to bring a blank check and to fill it in at check-in. If you must bring an already-written check, try to bring a card to pay for any possible additional payments. If your check is written for more than is due, we will write you a refund check the following week.

- Note that payments are only due at Stage 1 (shortly after making your group reservation) and Stage 5 (at check-in). You do not need to worry about any payments when you update numbers.
- You may pay the final balance ahead of time, but it is not due until you arrive on Friday for your retreat.
- **We cannot accept personal checks from individual families. Your group members should pay the church/group and then the group pays us.**
- **Payment by check is preferred. We also take cards but must apply an additional convenience fee of 3% for any credit card payments of \$1,000 or more.**
- **Take special note if you registered your group after Stage 2 and/or Stage 3 group number due dates for your weekend have already passed, the same financial policies still apply.**

We will send email reminders about deadlines. If you have any questions about these policies, please contact us. We would love to help you out.

DATES TO NOTE

Use the following chart to see when each stage occurs for the specific weekend you are signed up for:

DEEP FREEZE DATES:	Stage 1: DEPOSIT DUE	Stage 2: GROUP NUMBERS DUE	Stage 3: UPDATED GROUP NUMBERS DUE	Stage 4: GROUP BREAKDOWN DUE	Stage 5: FINAL PAYMENT DUE AT CHECK-IN
DF1: Jan 10-12	7 days after reg.	Fri, Nov 15	Fri, Dec 13	Tues, Dec 31	Fri, Jan 10
DF2: Jan 17-19	7 days after reg.	Fri, Nov 22	Fri, Dec 20	Tues, Jan 7	Fri, Jan 17
DF3: Jan 24-26	7 days after reg.	Fri, Nov 29	Fri, Dec 27	Tues, Jan 14	Fri, Jan 24
DF4: Jan 31-Feb 2	7 days after reg.	Fri, Dec 6	Fri, Jan 3	Tues, Jan 21	Fri, Jan 31
DF5: Feb 7-9	7 days after reg.	Fri, Dec 13	Fri, Jan 10	Tues, Jan 28	Fri, Feb 7
DF6: Feb 14-16	7 days after reg.	Fri, Dec 20	Fri, Jan 17	Tues, Feb 4	Fri, Feb 14
DF7: Feb 21-23	7 days after reg.	Fri, Dec 27	Fri, Jan 24	Tues, Feb 11	Fri, Feb 21
DF8: Feb 28-Mar 2	7 days after reg.	Fri, Jan 3	Fri, Jan 31	Tues, Feb 18	Fri, Feb 28
DF9: Mar 7-9	7 days after reg.	Fri, Jan 10	Fri, Feb 7	Tues, Feb 25	Fri, Mar 7
DF10: Mar 14-16	7 days after reg.	Fri, Jan 17	Fri, Feb 14	Tues, Mar 4	Fri, Mar 14
Discover: Mar 21-23	7 days after reg.	Fri, Jan 24	Fri, Feb 21	Tues, Mar 11	Fri, Mar 21

Note: Each deadline occurs at 5 PM on the day listed above.

Helpful Tip:

Please plan if your Stages 2 and 3 deadlines fall near a holiday, as meeting these deadlines on time will help you to avoid cancellation fees. If your youth group schedule will be modified around the holidays, you may need to submit your numbers early before your group takes time off.

DEEP FREEZE 2025

TENTATIVE SCHEDULE

**This is not a finalized schedule and is subject to change.*

FRIDAY

7:00 - 9:00 pm Night Tubing
7:00 - 9:30 Gym & Lodge Open
Courtside Concessions Open – Gym
9:30 Session # 1 – Gym
10:30 Leaders' Meeting – *Timothy Room*
11:00 To Rooms & Lights Out

SATURDAY

7:30 am Leaders' Meeting – *Lodge*
8:00 Breakfast
8:30 Gym Opens
9:15 Session # 2 – *Gym*
Followed by small group discussion in the Gym
11:00 **Activity Options**
12:00 - 12:35 pm Red & Blue Lunch
Green & Yellow Game – *Gym*
12:35 - 1:10 Red & Blue Game – *Gym*
Green & Yellow Lunch
1:15 - 5:00 **Activity Options**
2:00 - 3:30 Snack Bar Open – *Dining Hall*
3:30 Leadership Students Breakout Session – *A-Frame*
4:15 Deep Freeze Dive - *Waterfront*
5:00 - 5:45 Red & Blue Dinner
Green & Yellow Game - *Gym*
5:45 - 6:30 Red & Blue Game - *Gym*
Green & Yellow Dinner
6:30 **All-Camp Championship Faceoff – Gym**
7:00 Break
7:45 Session # 3 – *Gym*
9:00 Small Group Time
9:45 Late-Night Activities (optional)
12:00 To Rooms & Lights Out

SUNDAY

7:30 am Leaders' Meeting – *Lodge*
8:00 Breakfast
9:15 Session # 4 – *Gym*
10:45 Group Sessions by Church
11:15 Green & Yellow Lunch
11:45 Red & Blue Lunch

INDIVIDUAL REGISTRATIONS

All attendees (campers and leaders, including you!) must claim their spot with your group by submitting an individual registration at bera.camp/register. Beginning a month before your retreat, we will send you a weekly list of who has signed up for Deep Freeze with your group. (You may also reach out to us for a current list at any time. Just email or give us a call!) **If you need the contact information or medical information for your group attendees, just let us know and we can pass that information on to you without you having to collect it yourself.**

Please note that your group's number of reserved spots is based off our communication with you as the group leader. If you reserve 30 spots for your group and 35 individuals register, you still have only 30 spots available. If you need to change the number of attendees expected with your group (up or down), please contact the Camp Berea Office directly. All number changes and payments must go through you, the main group leader. (Unless you've opted in for a custom plan, no payment is collected when individuals register, and all payments go through the group. See pages 4 and 5 for the details on deadlines and payments.)

Deep Freeze Individual Registration Instructions

How to Log In:

1. Go to bera.camp/register.
2. Create an account or log in.
 - **NEW Berea Ministries attendees**—Create an account using the “New user sign-up” box.
 - **Previous Berea Ministries attendees**—Log in to your account with your email and password. Use the “Reset password” link if you do not know your password or contact Berea Ministries if you do not know which email address is associated with your account.

**NOTE: If you are a student registering yourself, your login email must be one of your parents'/guardians' email addresses to correctly access your family's account.*

How to Register:

1. Under the “Start a New Registration” section, click the blue “Start application” button under the Deep Freeze season for the applicable year.
2. Once into the season, simply follow the step-by-step instructions. (Note that if you are registering multiple family members, some identical steps will be required for each person. This is correct.)
3. When successfully finished, you will see a confirmation screen and will get a confirmation email.
4. Once you have completed your registration, **please let your main group leader know so they can make sure to keep you in the loop as your Deep Freeze retreat approaches.**

How to Register an Additional Family Member or Add Another Session Later:

If you've already completed a Deep Freeze sign-up and later need to sign up another family member or to add an additional session for someone who has already signed up...

1. Log in at bera.camp/register and click “View details” under the Deep Freeze season.
2. Click the blue “Add people, sessions, options” button.
3. Select the person you would like to sign up for or want to add an additional session for.
 - *If you are signing someone up for an additional session, you will notice that you cannot edit the Permission & Release Form to designate which church/group the new sign-up is with. Contact the Berea Ministries Office so they can reopen or update the form for you.*
4. Follow steps 2-4 of “How to Register” above.

Need your login info or have questions? Contact Berea Ministries at 603-744-6344 or office@bera.org.

IMPORTANT INFO & REMINDERS

Individual Registrations

All attendees (campers and leaders) must complete an individual registration at bera.camp/register to claim their spot within your group reservation. If you need the contact and/or medical information for your group attendees, just let us know and we can pass that info on to you without you having to collect it yourself.

Number Updates

Please make note of your Stage 2 and Stage 3 deadlines. Remember that if you drop more than 20% of your group number between Stage 2 and 3 or drop any spots after Stage 3 you will be charged \$50 per spot. **Please note that your group's number of reserved spots is based off our communication with you as the group leader. If you reserve 30 spots for your group and 35 individuals register, you still have only 30 spots available.**

Payments

We ask all churches, if possible, to pay by check. This helps keep credit card fees and the cost of camp as low as possible. **(We must charge a 3% processing fee for any card payments of \$1,000+.)** For checks, only checks from the church or youth leaders are accepted. Checks from campers' families will not be accepted.

Housing

Due to the beliefs of Camp Berea, all students are housed male/female and individuals must be housed in cabins of their birth gender. You will be responsible for assigning leaders and campers to your cabins assigned by the Camp Berea Staff that fit your number breakdown that you give us. Each cabin must have a leader assigned to it.

Activity Sign-ups

There are a few activities with limited spots. As your weekend approaches, you will receive an email notifying you how many spots have been reserved for your group so you can figure out ahead of time who might like to do what. (There will also be many other activities offered with unlimited spots.)

Check-in Procedure & Vehicles

When you arrive to check in on Friday night, **the main group leader will come into the Welcome Center to check-in for the entire group. All other leaders and the students will be escorted by the staff to a brief Welcome Experience**, and the main group leader will reconnect with them immediately after. We also ask that all groups bring at least one car to keep on site for non-emergency or emergency situations throughout the weekend.

Leader: Student Ratio

Groups must provide at least one leader per cabin. While our cabins range in size from 4 to 12+ beds and groups will be placed in the cabin they best fit in, groups should plan on a leader: student ratio of at least 1:10.

Pranks

Camp Berea is not a "prank camp." We are praying for changed lives, and as pranks can be a distraction from the ministry that is happening, our simple request is that you help us in discouraging pranks amongst your group.

Packing List

A sample packing list can be found under the Deep Freeze tab at bera.camp/forms and on a following page.

FOOD ALLERGIES

If anyone in your group (student or leader) has an allergy that limits what they can eat, they should fill out the Allergies and Dietary Restrictions form as part of their individual registration. Attendees with less-common allergies (not gluten or dairy) can get in touch with our Food Service Staff to work out suitable meals or to arrange storage if bringing their own prepared food if needed. Group leaders and parents are allowed to contact the Food Service Staff by calling the Camp Berea Office on 603-744-6344 and asking to be transferred to the Kitchen.

Camp Berea's kitchen is nut-free (peanut and tree nut) except for coconut, which is listed as a tree nut by the Food and Drug Administration. Also, please be aware that foods containing peanuts and tree nuts can be brought by other guests and purchased in vending machines on site.

PAINTBALL FAQs

Q: How old do you have to be to play paintball?

A: 12 years or older

Q: How much does paintball cost?

A: There is a \$10 field fee for each one-hour session. The field fee covers the cost of your marker, mask, and a full hopper (200 rounds) of paint. Additional hoppers with 100 rounds of paint can be bought on the field for \$5 each.

Q: Where do we play?

A: Deep Freeze paintball sessions are played on Camp Berea's Speedball course. All games are closely monitored by a trained staff member or volunteer.

Q: Can I bring my own equipment to camp?

A: Yes, you may bring your own marker; however, you are required to use one of Camp Berea's compressed air tanks. You **must** turn your marker in at the Welcome Center when you arrive on Friday.

Q. What do I do if I only have a CO₂ tank on my marker?

A: We have compressed air tanks you can use. CO₂ will not work under the cold New Hampshire conditions for any length of time, so it is important to check that your marker is **compressed air-compatible** before arriving at camp. (Check your manual or with the manufacturer.)

Q: Can I bring my own paint?

A: No. This is standard procedure for paintball fields. You must use our paint to play.

Q: How much does it cost if I bring my own equipment?

A: The same as the regular fee—\$10 for each one-hour session.

Q: What kind of clothes should I bring to play in?

A: **Warm winter clothes!** Warm socks, boots, a winter jacket, ski pants, a hat, and gloves are a necessity. Paint will wash out of **most** fabrics with ease.

Q: How important is the Paintball Release Form?

A: **You cannot play without it.** The Paintball Release Form can be filled out by logging in at bera.camp/register. Turning in the form does not mean you have to play, but if you **do not have the form, you cannot play.**

Q: Does turning in my form mean that I am signed up to play?

A: **No. You must sign up in person,** pay the fee, and get your hand stamped at the Welcome Center. The stamp is your ticket to play.

DON'T FORGET TO BRING...

- Warm clothes (winter boots, gloves, coat, hat, & snow pants, extra socks)
- Gym clothes (shorts, t-shirts, sneakers)
- Bedding, sleeping bag, pillow
- Bath towel and hand towel extras!
- Toiletries (shampoo, toothbrush, soap, deodorant, etc.)
- Bible, notebook, pen
- Spending money for Snack Shop, Berea Outfitters, vending machines
- Deep Freeze Dive Participants: Clothes and footwear to wear into the lake (tee and shorts, or one-piece/overlapping tankini for girls and swim trunks for guys); warm layers for before and after*



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